



*Elvea, festa all'italiana*

## Chicken and parmesan stuffed peppers

### Ingredients for Persons

4 large	red bell peppers
2 tablespoons	vegetal oil
1	onion
2 tablespoons	garlic
2	chicken filets, diced
1 little pot	Elvea Tradizionale pasta sauce
100 g	grated cheese
	black pepper
	salt

